



National Senior Women's Tennis Association

# Magazine

2016 Vol. 1



90 year old Rita Price



Kaysey Smashey



Brenda Carter

## Great Action Shots Captured by Carolyn Nichols



Carol Wood



Ellen Goodman



Kathy Foulk-



Kris McDonald



Lee Delfausse



Sue Bramlette



Tracy Houk



Yvonne Gallop, Ann Pellow

# National Senior Women's Tennis Association

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\* Deceased

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- Bonnie Champion*
- Joyce Jones*
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- Carolyn Nichols*
- Rita Price*

## President's Report

by Kathy Langer

If you are like me, you look forward every few months to the latest issue of our magazine. Each new issue amazes me and this one is no exception. Editor **Pam Simons** has once again pulled from the talented writers in NSWTA to provide us with outstanding samples of fine writing.



Pam shared the following accolades to a few of our talented group: "Please read the tribute to Bud Collins, which is a quite *spectacular* piece of writing by **Sally Utiger**. **Bonnie Champion** wrote an amusing and uplifting account of **Lucy Dettmer**, a former member in her 90s who has the love of life we all admire and strive for. **Carolyn Nichols** wrote an engaging profile of Carol Wood and all she has done for the game. **Donna Fales** captured **Belmar** (the 'Tiny Tiger') in all her glory. And last but not least, Janet Rice will convince you not to pop so many Advil before you play."

It is fitting that this issue follows a great week in Houston at the National 35-90 Clay Court Championships. Not only was the weather fantastic, but the food, parties, music, and, oh, yes, the tennis couldn't have been better. **Sue Bramlette**, our Membership Chair, and her 'crew' once again put on a great show. Last week we held our NSWTA Annual Meeting and passed a long-overdue updating of our By Laws. Our auction was a great success and featured not one, but two US Open President's Suite invitations, one from **Kathleen Wu**, a

USTA Board Member, and the other from none other than the President of USTA herself, **Katrina Adams**.

Katrina Adams spent over two hours at the tournament talking to players and reminiscing with several she knew the decade or so she lived in Houston and played the tour. She especially liked watching and videoing the 90s doubles, which she put up on her Instagram page. Katrina took notes about some of our concerns, such as getting more promotion for our tournaments, reconsidering honoring our Gold Slam winners at the US Open, linking our web site on the Adult Competition web page, and getting a sponsor for Cup Team uniforms. She spoke for 20 minutes praising the players and their dedication to keeping competitive tennis vibrant as we age. And then she went off to the airport, to spend a day at the office and to fly to Australia for the Fed Cup. We were very fortunate to get some of her valuable time.

Be sure to look at our **web site** frequently. We are adding photos, notices, articles, minutes of the Annual meeting, updated directory and the latest NSWTA Magazines. **nswta.org**. **Member log in goldball2016**. Please pass on any articles, ideas, thoughts to [info@nswta.org](mailto:info@nswta.org). We are looking for advertisers like hotel chains or any athletic product that might appeal to our members. Also, if you know of anyone who would like to carry on making NSWTA clothing, let us know!

Keep entering tournaments, bring a friend and see you on the courts!

*Kathy*

**Kathy Foulk**, who has the energy of a teenager but the wisdom of a seasoned PTA President, was recently named the President-Elect of the NSWTA. Kathy will take over the reins from President Kathy Langer in a year. The two ladies named Kathy will work together this year, however, to fine tune our new website, launched by Kathy Langer in November, and search for sponsors to help the NSWTA grow and thrive.



President-Elect Kathy Foulk (left) with Board Member Belmar Gunderson

Kathy Foulk, who plays in the 60+ age group and ranked 14th nationally in her 50s, lives in Geneva, FL, with her husband Frank. Their son attends college in the area. She loves to camp off her 16 foot Carolina skiff when not flying off to play in a national tournament. Kathy taught tennis in Florida and South Carolina but in the last 18 years has become a leader in various county and state non-profits, including the Parent Teacher Association, a juvenile justice start up and a Florida heritage non profit. She served on the USTA Florida Section Board for 9 years in the 1990s as well as the USPTA Florida Board. She counts the number of friends for life she has made through tennis as one of life's treasures.

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# BUSINESS NEWS

## 2016 United Airlines Discount for NSWTA Members

The United Airlines discount Code for all NSWTA members for 2016 is **ZW4H 417523**.

There is no charge if you book online, using the discount. For those who cannot book online, you can call United Reservations Meetings Desk at 800-426-1122 and give them the number but you will be charged \$25 for this arrangement.

Due to a change in "policy," United Airlines has modified our contract regarding discounts for NSWTA members. The amount of the discount will remain the same, but **it is required that your travel be to and from a tournament**. We will list the Category I and II tournaments in the United agreement.

If you have any difficulty making your online reservations, please email [suebramlette@comcast.net](mailto:suebramlette@comcast.net).

### Contributions

Doris Asano	\$ 50	In memory of Pat Jackson
Erin Boyd	\$ 500	
Carolyn Burch	\$ 25	
Brooks Byrd	\$ 100	
Betty Eisenstein	\$250	(a yearly contribution, which she gave before her death)
Paul Fein	\$ 20	Friend of tennis
Diane Fidurk	\$ 25	
Jennifer Flood	\$ 30	
Patrice Forsyth	\$ 200	In memory of Marilyn Skiffington
Kathy Foulk	\$ 50	In honor of Doris Lutz, FL player of the year.
Barbara Hubbard	\$ 100	In memory of Hattie Sommerville and Sinclair Bill
Kathy Langer	\$ 200	
Lynn Little	\$ 200	
Wendy McColskey	\$ 100	In memory of Ann Shedden
Carolyn Nichols	\$ 500	
Brenda Pfaus	\$ 30	
Mary Jane Stangby	\$ 100	In memory of Betty Eisenstein, a competitive and enjoyable person
Olga Stark	\$ 25	
Louisa Sweeney	\$ 50	
Michaelin Watts	\$3,000	

### NSWTA's website is LIVE!

Launched at the Intersectionals in November 2015, NSWTA.ORG is now our official website. It offers a 24/7 informational network for members and sponsors to access NSWTA news and discounts and to conduct payment transactions for annual membership dues and donations to NSWTA Foundation.

NSWTA.ORG offers a platform for members to communicate with its growing network of more than 1,000 tennis enthusiasts via announcements, news "bytes," acknowledgements, and tournament information.

Spread the word and invite your friends and family to discover our world of NSWTA.

For more information, email [info@nswta.org](mailto:info@nswta.org).

## NSWTA Annual Meeting

Held April 5, 2016 at 5pm at the National Clay Court Championships in Houston

Submitted by Pam Ellis Simons

President Kathy Langer opened the meeting, introduced her Board, her support team and attending former NSWTA Presidents.

First order of business was recognition of the donation of \$8,000 from ASICS and John Powless to the NSWTA. We thank John and business partner Max Brownlee for their trust and faith in our organization.

Belmar Gunderson moved to approve the Minutes from the 2015 Annual Meeting; it was seconded and the motion passed.

**Treasurer's Report** – It was moved, seconded and the motion passed to approve the Treasurer's Report, which was not discussed.

**Thanks to HRC** – Kathy Langer thanked Sue Bramlette and Cathy Lassetter for all they do for the NSWTA at the National Clay Courts tournament, including providing the meeting room.

**Clothing**-- Toni Novack asked members whether they wanted an online catalogue of NSWTA clothing, continuing the work of Pat Greer and Carol Clay. Several people were interested but not enough support was given to the idea for Toni to proceed at this time.

### **President's Report** –

We will officially register the NSWTA logo soon.

Kathy explained the difference between the NSWTA and the NSWTA Foundation, which has \$40k in its account.

We sponsor various tournaments with these funds and are looking for new tournaments to sponsor.

We will sell raffle tickets again this year, a big fundraiser.

Former NSWTA President Cindy Babb announced that USTA President Katrina Adams will visit the National Clay Court Championships April 6 and be presented with an Honorary NSWTA Membership. This is an opportunity for us to show her what is so special about our age-level tournaments, which provide us with a competitive senior pathway.

Kathy Langer explained that the USTA is trying various ways to increase the numbers of senior players.

Addressing one of the NSWTA talking points (USTA spending less on ITF Cup participants), Kathy said that Katrina is talking about getting sponsors for Cup Team uniforms, which would be helpful to the players.

Kathy Langer urged members to attend the April 27-May 1 Alexandria tournament, which is now called the Ann Geier Cup in memory of the late player. Her husband and family are providing prize money.

Intersectionals will be in San Antonio in November. USTA is changing the host hotel and fixing up the facility in answer to our negative comments.

### **Committee Reports**

#### **Membership** – Sue Bramlette

Sue thanked NSWTA for our first-time sponsorship of her tournament.

Our membership is now at 921, continuing a decline since the high of 1,176 in 2012.

United has changed its deal with us: less of a discount and only for tournament travel. We need to email her with all tournaments we hope to attend so Bob can input into their website.

Sue encouraged us to use the United discount, though minimal, because every time it is used we earn a 'unit' towards the free domestic tickets we use to sell raffle tickets. At this point we don't have enough units to earn tickets to raffle off at the next Intersectionals.

The Directory will be mailed in the summer.

Discussion ensued on the downward trend in membership. Possible reasons: people are careful with their money; people don't realize what the NSWTA stands for; many people think you have to be 'good' to play in these tournaments. We need more publicity and individually we have to take responsibility for getting people to these tournaments and to join the NSWTA. Possible solutions: maybe more men should join the NSWTA; we need to get the word out to USTA league players; we ask 50 NSWTA 'ambassadors' to recruit 10 players each year; we leverage social media like Facebook.

John Powless: In contrast, the senior men 50+ membership stays steady. USTA does not support men more than us.

#### **Magazine** – Pam Simons

Pam appreciates the writers and photographers who help make the magazine each issue.

Tournaments, Game Changers, Health and Fitness – send her suggestions of stories. You don't necessarily have to write them.

It was suggested that the magazine print its photos larger.

**Website – Kathy Langer**

She encouraged members to visit it at [nswta.org](http://nswta.org), using password goldball2016  
[info@nswta.org](mailto:info@nswta.org) goes to Kathy.

Sheila suggested we appear as a link on the USTA Adult Competition page; Kathy will follow up.

**Friendship Cup**

Mary and Ralph Wilson established a million dollar endowment that will fund this event every other year in perpetuity. Ten women members of the NSWTA are chosen from a drawing to win a week of tennis in a European resort followed by all expenses paid at the European championships a week later. You have to have played a Cat I tournament to be eligible and you can only be chosen once.

Carol Wood is our liaison on this.

**Adult Competition Committee –**

Kathy Langer explained that the USTA added an incentive for participation in new Cat III events by possibly giving some of them up to 1,000 ranking points. And they are doing pilot tourneys with alternative scoring. It was moved, seconded and the motion passed that we ask the USTA to reinstate the trip to NYC for Gold Slam awards. It is good publicity for tennis playing. Judy Levering says it is the President's call.

**ITF – Carolyn Nichols**

USTA has asked anyone interested in playing for a Cup team to apply on its website. It will no longer send letters out.

There is a very tight window: the Super Seniors (who compete Oct 16-22) application opens April 25 and closes May 5.

Criteria: you must have played one National Cat I tournament between May 2015-2016.

Members who are worried about the safety of the location in Turkey should contact Bill Kellogg, who is in charge of the Selection Group.

If you want to play overseas, apply for an IPIN (\$20) so you get points for all tournaments played that qualify.

ITF numbers are growing but they are concerned with female participation.

**Nominating Committee – Belmar Gunderson**

Kathy Foulk was put into nomination as President-Elect.

**By Laws of NSWTA**

It was moved, seconded and the motion passed to approve additions and changes to our By Laws.

**New Business**

Chris Grant brought up the fact that some Super Cat II tournaments, including the NSWTA Championships in Alexandria, have only a first round loser consolation tournament. If the great majority of us get out in the second round, we don't get head to head experiences that help us in our seeding.

It was explained that the Tournament Directors determine what kind of consolation tournament they will offer and for many it would be difficult to do a feed-in with the number of courts, days and participants on hand.

Marin does not have the courts and dropped down to a Cat II from Super because of it.

At least one member says she would play twice a day in order to play a feed-in consolation.

With no further business, the Annual Meeting was adjourned at 6:42 pm.





## ITF Young Seniors World Team Championships

The three US Cup teams sent to Umag, Croatia to play in the ITF Young Seniors finished out of the medals for the first time ever, reports Carolyn Nichols on her site. The Lenglen Cup lost 3/0 to Germany in an attempt to place third. The Young Cup, playing for 5th place, lost 2/1 to Canada. And the Margaret Court Cup beat South Africa to finish 6th.

### The valiant players and their teams:

#### Suzanne Lenglen Cup (35s)

Nancy Hilliard, Corpus Christi, TX  
Katerina Stanford, Ponte Vedra Beach, FL (Captain)  
Yulia Bolotova, Philadelphia, PA  
Kaysie Smashey, San Angelo, TX

#### Young Cup (40s)

Simona Bruetting, Highlands Ranch, CO (Captain)  
Mercedes Michel, NY, NY  
Jennifer Dawson, Carlsbad, CA  
Trish Riddell, Lakeland, FL

#### Margaret Court Cup (45s)

Julie Cass, Austin, TX  
Jolene Watanabe, Hilton Head Island, SC (Captain)  
Debbie Spence-Nasim, Carlsbad, CA  
Alissa Finerman, Santa Monica, CA

## ITF Seniors World Team Championships

The 2016 ITF Seniors World Team Championships will be held June 19-24 in Helsinki, Finland, indoors on hard courts. The ITF Seniors World Individual Championships will be held the 25 June-2 July. The following women have been selected to represent the USA:

#### Bueno Cup – (50s)

Fran Chandler, Jackson, Tenn.  
Shelly Works, San Antonio, Texas. (Captain)  
Judy Newman, Scotts Valley, Calif.  
Vesna McKenna, Hollywood, Fla.

#### Maureen Connolly Cup – (55s)

Diane Barker, Daniel Island, S.C.  
Susan Wright, Grand Junction, Colo. (Captain)  
Vicki Buholz, Dallas, Texas.  
Cynthia Trower-Johnson, Plano, Texas.

#### Alice Marble Cup – (60s)

Tina B. Karwasky, Glendale, Calif.  
Carolyn Nichols, Ranch Santa Fe, Calif.  
Wendy McColskey, Durham, N.C.  
Sherri Bronson, Scottsdale, Ariz.

## MEMBER NEWS Congratulations To:

**Susan Mehmedbasich Wright** was inducted into the Colorado Tennis Hall of Fame in January. (She was inducted into the Northern California Tennis Hall of Fame in 2014.) Susan was a national junior tennis star in Northern California, reaching a US ranking high of #3 in Girls'18s. At the age of 17 she joined the WTA tour, defeating former world #3 Wendy Turnbull. She quit tennis in 1975 but 25 years later she returned to our sport. She credits her father, who lived in her new hometown of Grand Junction, CO, with getting her back on the courts.



From 2003 to last year, Susan has won 80 Gold Balls, 35 Silver and 10 Bronze Balls in national championship play and was ranked #1 seven times in singles, five times in doubles and two times in the Ultra Seniors Father/Daughter, playing with her father Enver, whom she calls the biggest influence on her career. She earned 9 Gold medals in International play and has completed four Gold Slams. In 2008 she had risen to #1 in W50 singles and in 2013 ranked #1 in W55 doubles in the ITF senior rankings. Susan was outstanding female player in Colorado in 2004, 2008 and 2013, and also a two-time sportswoman of the year in her state.

**Lurline Fujii** was inducted into the USTA Hawaii Pacific Section Tennis Hall of Fame last November. Lurline picked up tennis in a freshman PE class at the University of Hawaii. Now aged 74, she has won 17 USTA balls (4 Gold), plus a number of sectional, Category II and Senior Olympics titles. She was a member of the 2012 Althea Gibson Cup team that won Gold in Umag, Croatia and she herself won Silver in that year's ITF Individual 70+ Doubles. She was 2002 and 2003 Senior Female Athlete of the Year of the Honolulu Quarterback Club. She gives back to the game by being Tournament Director the last sixteen years for the Hawaii Senior Olympics and last year was Diamond Head Tennis Club Volunteer of the Year. If you see Lurline at a tournament, see if you can get a memento from her. She brings an extra suitcase of Hawaiian candy for all her friends every time she travels. Lurline will be back in the tournament circuit in 2016, having spent the last year recovering from shoulder surgery.





Congratulations to **Sue Bramlette** as the Grande Dames Sportswoman of the Year, presented at the Crawford Cup by Carol Clay.

Carol Clay with award winner Sue Bramlette



**Cindy Babb** was given the Betty Gray Washington Sportsmanship Award at the Houston Racquet Club's Banquet during the National Clay Court Championships in April. This sportsmanship award is given annually by the players of the National Senior Women's Clay Court Championships. It is voted on during

the tournament and was created in 1971 to honor a much-loved HRC tennis pro who died of cancer at a young age.



**Diane Barker** was named South Carolina Adult Female Player of the Year.

On April 15, 2016, **Pat Purcell** was inducted into the St. Louis Tennis Hall of Fame. A personal

note from Billie Jean King was read that night honoring Pat's career as a player, coach, and league director. Pat currently plays in the 60's. Pat works full time as a teaching pro at Chesterfield Athletic Club in St. Louis and also runs the St. Louis WTT recreational leagues and other local leagues.



## In Remembrance

### Charlotte E. (Betty) Rosenquest Pratt

April 15, 1925- January 31, 2016

Betty passed away January 31, 2016 at age 90. Betty attended Rollins College and was a resident of Florida for some 45 years. She was a professional tennis player before she retired. Betty was ranked in the top ten in the USA in 1951, 1954 and 1956. She was a Wimbledon and US Nationals singles semifinalist in 1954 and 1956 respectively. She is a former US Wightman and Federation Cup captain. She won the US Nationals doubles title in 1956, the precursor of the US Open. She was a member of the Hall of Fame of Rollins College (Sports), USTA Florida, Women's ITA and USTA Eastern. Betty was a co-founder of the National Senior Women's Tennis Association.



Betty's husband wrote the following on the occasion of one of her inductions:

The family feeling is that Betty's greatest achievements are her attitude to life and not as much to winning, winning etc. ... Betty received about 200 letters after losing to Christine Truman at Wimbledon. Sportsmanship. Tennis Ambassador. My favorite is below:

*"May I say thank you for your wonderful display of charm and grace in your match today. I am not a tennis fan but just a guy who has seen plenty of 'good winners' at all sports and have never seen a 'finer loser.' Yesterday I had never seen or heard of you. Now I shall never forget you."*

A private graveside service will be held at the convenience of the family. Burial will be in Fairview Cemetery, Port Allegany. Funeral arrangements are under the direction of the Switzer Funeral Home, Port Allegany.

Condolences can be sent to: Richard C. Pratt, 1331 Arden St., Longwood, FL 32750

### Elizabeth L. Eisenstein (Betty)

October 11, 1923-February 1, 2016

Betty Eisenstein grew up playing tennis on a clay court in Rye, N.Y. She played for fun at Vassar College and kept playing as she earned her master's degree and a doctorate in history from Harvard, raised a family with husband Julian and got her first teaching job at American University (1959-1974). But in 1979, tennis took a back seat to professional achievement when she published her masterwork, "The Printing Press as an Agent of Change: Communications and Cultural Transformations in Early Modern Europe."

Spanning two volumes and nearly 800 pages, the work has been translated into many languages and remains in print. The book's manuscript provided her academic breakthrough. Before Betty, no one had considered the full and specific cultural impact of the printing press, said one authority in her Washington Post obituary.

Dr Eisenstein taught history at Michigan until retiring in 1988 as a professor emerita.



Betty (second from left) at the National Hard Courts in La Jolla, May 2015

year after retiring, Dr. Eisenstein achieved a different sort of professional peak, earning her first No. 1 ranking in tennis — as a member of the U.S. Tennis Association's 65-and-over division. She was best in the world at age 74. She hit her stride in tennis the 75s, where she dominated for many years. In 2003, she won a Grand Slam, taking the national grass-, hard-, clay-, and indoor-court singles championships, a feat she repeated in 2004. Betty was a 1999 inductee into the Mid Atlantic Tennis Hall of Fame. She competed through last May in the 90s.

## Joan Lenore Kingsley

January 31, 1934- January 9th, 2016

Joan was raised in Bronxville NY and got her BS, MS and PH.D degrees in Physical Education from New York University. She later obtained another MS degree in Counseling from the State University of New York College at Oneonta. She started her career as a physical education teacher and coached interscholastic sports. In 1963 she became a faculty member at the State University College at Oneonta, NY. She taught numerous health courses and coached field hockey, basketball, softball, and fencing. In 1969 Joan was named the Director of Women's Athletics and in 1975 she was named the Chairperson of the Department of Health and Physical Education at the State University College at Oneonta.

Joan was a highly regarded speaker on athletic issues. Joan was also a strong advocate for women's rights and lectured nationally on women's issues. Joan retired from the university in 1991. Joan and life partner Bonnye Bond moved to San Antonio, TX in 1993.

Joan will be remembered for her enthusiasm for life, her graciousness, loyalty to family, and wonderful sense of humor. She had a passion for animals and raised cats, dogs, and exotic birds. She competed in field hockey, kayaking, golf and softball tournaments. She was a highly ranked national tennis player in each age group in which she competed. She was a spiritual person who inspired others with her faith. Joan is survived by her son, Thomas William Kingsley of Oneonta, NY. In lieu of flowers the family requests that donations in Joan's name be given to Coker United Methodist Church of San Antonio, TX or any animal rescue organization.



## Letters to The Editor

**Dear Editor:**

I received a note from one of my older ladies along with her renew check. She was always at the

tournaments until some physical problems put her on the sidelines. She is an inspiration to so many of the national tournament players...especially the ones who have been around as long as I have been. She and Ilsa Jobson were partners for many years. Pat Greer

*"Sorry to see where we have lost Midge Stafford and Martha Frederickson. I've lost contact with Mary Mentzer, but still am in touch with Ilsa Jobson. After a bout with Brady-Cardia last January, I now have a pacemaker and am doing well! But I sure miss tennis. I'm sure playing for 74 years is the reason I'm still here!"*  
Alice Jones

**Dear Editor:**

I received this note from one of my older ladies who played a lot of tournaments. Pat Greer

*"My shoulder has been troubling me most of this year, so I've switched to folk dancing. Someday, maybe, I'll get back to tennis."*

Greta Watcon

**Dear Editor:**

I received a phone call from Laura Phillips' husband (Phoenix) that she passed away from cancer on 9/11/15. She had been ill for 2 years. Sue Bramlette

**Dear Editor:**

You might want to publish this response from Janet Rice to my Letters to the Editor in the previous issue of the NSWTA Magazine, asking if any members had information about the side effects of anti-estrogen treatments. Robbie Dimond

Hi Robbie,

*I just read your letter in the NSWTA Magazine. Sorry about your bout with breast cancer, and I hope all is going well for you now. I think I might have some resources that might interest you -- if you don't already have them?*

*I learned about these as I worked through my holistic nutrition degree, which I completed in October. During my studies I attended a 3-day conference in San Diego on integrative cancer therapies. I was amazed at what I learned. I read the following books a while ago -- so can't (and shouldn't) give specifics, but I am fairly certain that if I had breast cancer I would not take the estrogen lowering drugs. There are natural ways to accomplish this that don't have the side effects.*

*I especially liked the book Heal Breast Cancer Naturally: 7 Essential Steps to Beating Breast Cancer by Dr. Veronique Desautiers, who was a conference speaker and a breast cancer survivor.*

*Another book was Cancer Free! Are You Sure, by breast cancer survivor Jenny Hrbacek, another speaker and a Houston nurse who was not all that impressed by her conventional treatment (MD Anderson, no less). She even takes phone calls. The book is not well written at the beginning -- I think she was in a hurry to get it out -- but it is a fantastic resource that I often refer to.*

*A book I had read before the conference is by the iconic John Lee and entitled What Your Doctor May Not Tell You About Breast Cancer. Dr. Lee was one of the very first -- if not the first -- to recognize that estrogen dominance was the problem. This is a common condition characterized by not too much estrogen, but rather an imbalance of estrogen and progesterone. He will also provide ways of balancing these naturally.*

*And I love Dr Nalini Chilkov*

*<http://nalinichilkov.com/the-healing-cancer-support-system/>*

*Finally this is from the Food Babe (my husband's find), which she just sent out on juicing, which all the integrative cancer experts would recommend. They also recommend the expensive Norwalk juicer, but I think you can get good results from the less expensive ones. Right now I am focusing on teas (including immune system support ones), which I drink out of a mason jar not a cup, which for some reason makes it more appealing for me. Sitting down to sip a cup of tea is just not my style!*

*<http://foodbabe.com/2013/08/05/juicing-mistakes/>*

*Wishing you well and fit for the courts. And please, if you have time, give me feedback, so I can learn, too.*

*Janet F. Rice*

*54 Rainey Street #1004, Austin, TX 78701  
361-739-2769*

*P.S. I actually went to that San Diego conference because my good friend came down with colon cancer, and I wanted to help her. I learned so much that could be of value to myself as well as others. I also have subsequently learned that you must research all the options, not be swayed by the group think which happens on all sides, and make decisions based on what you think is best for you.*

*I also learned there are people who help other people sort out the information and also help with some of the decisions. They have been doing it for years. (And I have some of their business cards.)*

#### **Dear Editor:**

Pick the two ladies who were across the net from each other in Hawaii in 1965 and are still competing 51 years later!



Muriel Osbourne, Roberta Ralston, Judy Louie and Vivian Wu.

Answer: Still competing 2016: in the middle: Robbie Dimond [Pennsylvania] and Judy Louie [Calif]. Roberta and Muriel Osbourne won the dbles. and Judy Louie won the Singles title in Honolulu.

Thank goodness for knee replacements and great chiropractors!  
Cheers! Robbie

#### **Dear Editor:**

This was from an article in the Boston Globe written by Bob Hohler, Globe staff: Nearly five years after his victims first appealed for his ouster, former Boston Lobsters star Bob Hewitt was expelled in April from the International Tennis Hall of Fame for raping two girls he coached in the 1980's and sexually assaulting another in the 1990's. He is the first person to be expelled from the Tennis Hall of Fame in its 62 year history.

The push to expel Hewitt gained momentum after Billie Jean King expressed her disgust over the alleged assaults. She had partnered with Hewitt in 1970 to win the mixed doubles title at the French Open.

The Hall commissioned its own investigation and indefinitely suspended Hewitt in 2012. His plaque and all references to him were removed from the Hall of Fame gallery. The suspension effectively ended Hewitt's 20 year run as a Hall of Famer.

Sally Utiger

#### **Dear Editor:**

The US Open is right around the corner. What better way is there to enjoy great tennis than to watch it while sitting courtside in the USTA President's Box?

The Eastern Adult Tennis Foundation is once again raffling off a PAIR of tickets for one day session during the first week of the 2016 US Open. The cost of the raffle ticket is \$100 and we are limiting our sale to only 75 tickets. You will have a choice of days to attend, Monday - Thursday during the first week of play. What terrific odds to have a chance to enjoy this once-in-a-lifetime experience! The drawing will take place on July 11, 2016.

Included in the prize is:

- 2 tickets to sit in the USTA President's Box in Arthur Ashe Stadium where you will enjoy courtside tennis, food and drinks and mingling with special guests of the USTA President.

- Access to courtside seating in Louis Armstrong Stadium and access to all other courts at the USTA Billie Jean King National Tennis Center.

- Lunch in the exclusive USTA President's Suite Dining Room along with other guests of the USTA President.

The money we raise will help support the Eastern Adult Tennis Foundation's mission to raise money and award grants to grassroots tennis programs for adults with physical, emotional and financial disadvantages. This gives all populations the opportunity to play and enjoy the game of tennis that we all love. These programs provide socialization and an uplift of spirit to their participants.

I hope I can count on your support as we launch the EATF's 11th year. please send a check made out to EATF for a raffle ticket \$100 each. IF you are interested in a raffle ticket, contact me Neuthaler@gmail.com  
Thanks for considering  
Abbi Neuthaler

## REGULAR ARTICLES

### Sally's Alley

by Sally Utiger

USTA Official, New England

#### 2016 RULES UPDATES AND CHANGES

The *Foreword* of the 2016 FRIEND AT COURT states that this new edition has been significantly revamped. The result is a concise rulebook with the ITF Rules, *The Code*, and the USTA Regulations. To be honest, I think it is a big improvement over past years and is so much more relevant to our NSWTA members and players. Previously included information such as officiating procedures and techniques will still be available online to those who are interested.

The following are the most important changes or revisions:

The Code, page 41 contains a revision of Code 36 that better distinguishes an unintentional hindrance from an intentional hindrance and provides common examples of each. "A player's racket coming out of the hand or a shoe coming off is NOT the basis for either player calling a let." A let is never authorized for a hindrance caused by something within a player's control, such as when a player's racket comes out of a hand, when a player's shoe comes off, or when a player trips over a player's own hat. However, if a player's hat falls off during a point, an opponent may immediately call a let due to unintentional hindrance.

Out calls and other noises from spectators are not hindrances and, therefore, are not considered grounds for a player calling a let or claiming a point.

A ringing cellphone is a deliberate hindrance; *if an opponent's cell phone rings during a point, the other player may immediately stop and claim the point.* Another example of a deliberate hindrance occurs when the receiver asks the server to stop discarding the second ball after serving, and the server continues to discard the second ball. Continued discarding of the ball constitutes a deliberate hindrance entitling the receiver to immediately stop play and claim the point.

I think I get more questions about hindrance calls, intentional or unintentional, than for any others. Basically, if you are the cause of the issue, you cannot call a hindrance on yourself. However, if your opponent stops play immediately (NOT after the point is completed) and calls the hindrance, a let



Sally Utiger

or point shall be awarded, depending on whether the hindrance was intentional or unintentional.

Under USTA Regulations, there are clarifications and some minor changes suggested for breaking ties in round robins, rest periods in junior matches, and new scoring methods for short set matches.

Also, under the Point Penalty System (Table 14, page 108) a point penalty has been added for audible or visible coaching of a player.

As usual, I suggest all players obtain a copy of the current FRIEND AT COURT. A well organized and easily accessed index can answer your questions in speedy time, and now more than ever, the contents are user friendly for competitive and hackers alike. Online access is also available for the techies among us.



## REGULAR ARTICLES

### 2016: A New Year...and New Opportunities

by *Doug Wenger*  
*Chair, USTA Adult Competition Committee*



It is a new year and the Adult Competition Committee has been working very hard to capitalize on the many opportunities in front of us to grow participation in Adult Competitive Tennis. In this article, I'd like to share with you an update on our plans as well as a recap of the Committee's work at the USTA Annual Meeting & Conference.

As our Committee enters the second year of its two-year term, we remain laser-focused on our mission: Reversing the multi-year decline in participation in adult competition and returning it to growth. Our strategies include: 1) The roll-out of a new tournament product (Category III); 2) Streamlining the national tournament application and sanctioning process; 3) Collecting and publishing repeatable, effective event format guides that utilize innovative and alternative formats; 4) Placing or creating tournaments near large player pools; 5) Providing effective communication to current and prospective players and tournament organizers through multiple channels; 6) Assessing our points-per-round and rankings process to ensure an appropriate balance of practicality and accuracy; 7) Enhancing the tournament evaluation process and feedback channels to tournament personnel and officials; 8) Sharing best practices to help tournaments continuously improve and adapt to the market; and 9) Building diversity channels and partnerships.

From a participation perspective, 2015 ended with some challenges but we are seeing some positive trends as well. While adult competition participation levels continued to drop, particularly in Category I events, we saw increased participation and interest in the 18-40 age group. We believe there is a large potential tournament player market in collegiate and Tennis on Campus (TOC) alumni. We are fortunate to be working in a Committee Council that includes Committees that focus in this market—so we can collaborate and improve the cross-promotion of events and opportunities to stay active in competitive tennis after graduation. I am energized whenever I speak with these players. They have passion, energy, and an interest in living a healthy lifestyle. They also are

very clear about what type of events work—and don't work—for them. We need to modify and provide more non-traditional event structures to appeal to this group.

One key strategy the Committee has implemented is a new tournament product on the National Schedule—a Category III event. A Category III event is similar to other national tournaments except that it is a pilot event which offers alternative formats, shorter time commitments and reduced costs to players. These alternative formats may include scoring, draw type, and even ball type or court size. For 2016, the committee intends to assign a 3X point value to any designated Category III event. The first of these events will be the USA Masters Games, which is scheduled to take place in Greensboro, N.C., in July. Please refer to the Adult Competition area of the USTA website to review the initial Category III criteria. As new Category III events are designated, these events will be published in TennisLink and communicated through other methods with as much lead time as possible.

Other optional tournament format changes being offered in 2016 and 2017 include time-based entry selection for certain events, the inclusion of multiple alternative scoring formats as tournament options, and adjustments to match limits and rest periods that align with the shorter formats. In addition, in 2017, the minimum tournament requirements for a national ranking in singles were increased to include a second national event (Category I, II or III).

By including these optional format changes into our tournament products, we believe that tournament organizers now have a more potent set of tools with which to tailor their events to the market, and offer a more compelling value to prospective players. The Adult Competition Committee is looking very closely at the national schedule to limit or avoid duplication of tournament products in a region or timeframe. The committee will be evaluating all Category III events after their pilot year to assess the impact and implement any adjustments or changes as required, including point values.

For general questions and concerns for the committee, please contact us at [adulttournaments@usta.com](mailto:adulttournaments@usta.com). For ranking-related questions, please send your questions to [ustaranking@usta.com](mailto:ustaranking@usta.com). Thank you for helping us grow participation in adult competitive tennis.

## HEALTH & FITNESS

### The Cost of Relief:

### Why NOT Advil or Aleve (or Ice Either)

by Janet F. Rice

**N**SAIDs are Non-Steroidal Anti-Inflammatory Drugs used to reduce the pain, inflammation, and fever caused by injury or infection. NSAIDs include aspirin (Bayer and Excedrin), ibuprofen (Motrin, Midol, and Advil), naproxen (Aleve), celecoxib (Celebrex), and other stronger prescription formulas. Acetaminophen (Tylenol) is not an NSAID and works in a different way to reduce pain and fever but not inflammation. Aspirin also reduces blood clotting.

NSAIDs are popular and readily available or commonly prescribed, but that does not mean they are always beneficial or even safe. They can relieve pain, inflammation, and fever, but these are the body's natural immune system responses for the promotion of healing. When you take an NSAID, you may indeed feel relief from discomfort, but you could be impairing the healing process. Even more importantly, regular use of NSAIDs, even low dose aspirin, may be endangering your life: a conservative estimate of 16,500 people die each year from NSAID induced gastrointestinal complications – which often are not symptomatic until hospitalization is required. In addition, NSAIDs (and also acetaminophen) can cause liver or kidney damage, heart attacks, or strokes. And they are especially dangerous to the elderly and those who drink excessive alcohol.

NSAID use should not be casually undertaken. Some athletes, for example, regularly pop these pills prior to activity, believing they prevent pain and post exercise soreness, but what actually can happen is a lessening of the training response: bones may not thicken and tissues might not strengthen as they should. People who take NSAIDs to alleviate the aches and pain and fever of flu can suppress the immune response and prolong sickness. Plus there are the aforementioned side effects.

In the case of a chronic inflammatory condition such as migraines, arthritis, atherosclerosis, MS, lupus, etc., the underlying cause of inflammation should be addressed. Often this cause is a diet high in inflammatory refined foods and low in anti-inflammatory natural foods, or there are nutrient deficiencies or food sensitivities/allergies. It is wise to seek out a health professional versed in the field of natural therapies to guide you.

This naturally inclined health professional should talk in terms of healing nutrients such as vitamins A, E, and C plus bioflavonoids, as well as selenium and zinc, and also lipoic acid. Digestive

enzymes taken 1 hour before or 2 hours after a meal are recommended, as are a probiotic and the amino acids glutamine, arginine, and taurine. Fish oil is also anti-inflammatory.

Most important though is diet. Pouring gasoline on a fire while trying to extinguish it (naturally or otherwise) is a losing strategy! A recommended diet comes from the book *Perfect Health Diet* by Shou-Ching and Paul Jaminet, two PhD scientists who have done extensive research into what constitutes healthy eating. Their Paleo/Mediterranean/Asian style diet is anti-inflammatory and also easy to follow. They even include scientific evidence explaining why we seek out delicious combinations of food.

Finally, and for related reasons, RICE – rest, ice, compression, elevation – is no longer the accepted treatment for injury. MCE – move as safely tolerated, compression, and elevation – has taken its place. Ice might be okay immediately after injury occurs, but its continued use can impair healing.

Check out the references below to discover some of the science behind the above statements. The healing supplements come from my studies as a holistic nutritionist and also from the article listed below by Dr. Mercola, who is highly esteemed in the natural medicine world. I have used his protocol -- mostly to recover from knee inflammation. Although the protocol is recommended for surgery, healing is healing, and these are the supplements commonly recommended for that purpose. It has worked miracles for me. I also sometimes add astaxanthin – a powerful natural anti-inflammatory that gives the pink color to flamingos and salmon. But I also follow the gluten-free *Perfect Health Diet*. When I don't (usually inadvertently), my knees can start acting up and then I have to eliminate the offending food and boost my supplement intake.

#### References:

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Supplements to enhance surgical recovery. Retrieved from <http://www.mercola.com/article/surgery/protocol.htm>

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*Janet is a holistic nutritionist. She received her degree from Bauman College. She also has a biology degree from Auburn, where in 1970 she initiated and played on the first women's tennis team.*

## Fitness at 95: Lucy Dettmer

by Bonnie Champion

A few fun facts about Lucy Dettmer:

- She became a Master Fencer at the University of California Berkeley within two years after starting the sport.
- At age 62 she and her husband Phil biked from Palm Springs, California to Washington D. C. in 41 days.
- At age 74 she was the #2 singles player for College of the Desert. (Yes, she was on a college team).
- She was undefeated in singles and doubles in the Foothills College Conference.
- She matched up against Regis Philbin a couple of times and defeated him.
- She has won 40 Gold balls and a combined 7 Silver and Bronze balls.
- She is a volunteer reading tutor at an elementary school, and she walks a mile down a steep hill to and from the school.
- She knits while watching tennis matches.

Lucy started playing tennis during the Great Depression. It was summer vacation and she and her sister (aged 13 and 15) had 3 months to figure out what to do. After seeing white-clad tennis players playing on the public tennis courts two blocks from their home, they hatched a plan. With deliberate purpose they found some old wooden tennis racquets and tennis balls and began playing tennis as total beginners. The only thing that made them look like they had experience was that they were dressed in white. Hitting the ball was the only thing she and her sister could do until one day a man in a business suit confronted them. "Girls, I can't stand it another minute. Your serves are terrible. Let me show you how to serve!" He took his coat off and gave them their first and only lesson and they were grateful.

Because her parents were not sports enthusiasts, Lucy was left to her own devices as an athlete. She enjoyed biking, running, skiing, and soccer growing up. Although she had been playing in local tournaments, it wasn't until her early 60s, when she was living in Palm Springs, California, that she was introduced to her first National Senior tournament.

A friend suggested they play. Lucy's first question was, "What is a National Tournament?" She was intrigued by the rotation of surfaces: grass, clay, hard court, and indoor. The tournament circuit required a lot of traveling. Her husband Phil was retired so they said, "Let's go for it." It wasn't until she joined NSWTA that she met Bonnie Champion. She was a new player to the circuit, and she wanted to welcome her to the National Clay Court

Championships in Diamondhead, Mississippi.

At age 95, Lucy still plays tennis three to four times a week. In addition to tennis she walks three to four miles every day. Her advice for rising senior stars is to enjoy the game and the people with whom you are playing. She says with a chuckle, "Don't get upset if your partner misses a shot. No one is trying to do a bad job. Tennis is a marvelous way to stay in shape and have fun."

Lucy has had to adapt her game as both she and her opponents have matured or become more experienced with the game. For example, living by the old adage practice, practice, practice, and then practice some more, Lucy concentrates on speed, footwork, good form and most importantly getting the ball over the net. She has found that with a combination of good balance and running speed, she has a good chance of sending a good challenging shot over the net.

Lucy's cherished memories are what keep her invested in the game of tennis. The most exciting time of her tennis career was winning the Grand Slam, or four national tournaments, playing doubles with Dodo Cheney. Lucy won another Grand Slam in singles. In other words, she earned 8 Gold Balls in her 90s. The ultimate prize however was being awarded a trip to the US Open to watch the matches and receive her Gold Slam accolades. Another cherished memory was accepting an invitation to play in the Wilson's Friendship Cup Tournament in Austria. She enjoyed being given the opportunity to celebrate the game with so many from different countries.

Lucy has 3 children, 6 grandchildren and 3 great grandchildren. She shares a beautiful mountain home in Park City, Utah, with her daughter and husband. And every night this energetic lady plays hostess at The Viking Yurt, loading approximately 40 happy guests into a very large sleigh that takes them to the top of one of Park City's beautiful mountains, to enjoy an elegant Norwegian flair dining experience.



Lucy Dettmer at work



## FEATURE ARTICLES

### GameChanger: Carol Wood

by Carolyn Nichols

I first met Carol Wood in 1990 at the 35 Grass in the Philadelphia area. A week later I was Carol and Lou Wood's guest at their home in Maryland. You may have heard that Lou built a court for Carol in their back yard. What you may not know is it was tailored to Carol's game...very soft so as to make her vicious drop shots pretty much unreachable. Nonetheless, she still managed to get players to come over and play her on that court, without coercion! That says a lot both about her powers of persuasion and personality. That was the beginning of a long friendship and the only good thing that ever came out of playing a grass court tournament as far as I'm concerned.



Carol Wood can't stay on the sidelines. At nearly 80 years old she has the energy of a person half her age. At an age where most women are happy to take a brisk walk around the block, Carol plays national level tennis successfully and is set to celebrate her 80th birthday with not one but two trips to Europe. It's only when you look at the list of her involvement in tennis at the national, sectionals, state and local level, and with the NSWTA that you realize she must have started volunteering in the womb. Not only has she been a USTA volunteer for over 30 years, she has managed to do so despite her willingness to freely express her opinions.

Carol's first racquet sport was not tennis... it was badminton (and yes, she was on the national badminton board...can't keep a good volunteer/leader down). Since she grew up in Massachusetts, an indoor sport was appealing in the era before ubiquitous indoor tennis courts were the norm. And though tennis is a "love" sport, she met her husband Lou through badminton, though she did later convert him to a tennis player. Carol and Lou (who passed away a few years ago) have three children, Susan, Christopher and Katherine and four grandchildren.

Carol founded the Senior Women's Intersectional Team Event, which went on to be sanctioned nationally. It is the largest all-women senior tennis event in the world. She was the president of the NSWTA from 1985-1987 and has been a board member since 2005. Carol also developed and organized the Pauline Betz Addie Cup competition between Mid-Atlantic, Eastern, New England and Middle States. She captains it annually and runs it every four years.

Carol is a 30 year national volunteer for the USTA where she was a member of the Adult/

Senior Competition Committee (or its predecessor) for a dozen years. She was a member of the Senior International Competition Committee for eight years, two as Publicity Coordinator and four as Vice Chair. At the sectional level she's been a national delegate to the USTA (which is a big deal), chaired the Adult/Senior Competition Committee for many years, and has been on the foundation board among her many activities (it takes a page of fine print to list them all).

Carol has been honored with numerous awards including the World Tennis Magazine Senior of the Year, the Pam Shriver Award for Outstanding Contributions to Tennis in Maryland, and the USTA National Senior Service Award (for her willingness, cooperation and participation in play and organizational work for the betterment and furtherance of senior competition). As a tournament director, she's been selected as the USTA Maryland TD of the Year. Carol is a member of the National Capital Area Tennis Hall of Fame and the USTA Mid-Atlantic Hall of Fame.



Of course everyone knows Carol has been an outstanding player for decades. She's been ranked #1 in the Mid-Atlantic Section at least once in every age division from open to 60+; she's been a national finalist 25+ times and has won over 15 national titles (aka gold balls). She was a member of nine Cup teams. She won the Individual World Championships once in singles and three times in doubles. She's captained and played on the Sears Cup, Addie Cup and Intersectional teams.

Carol loves life and adventure and is curious about people and places which I think is why she seems so young. Whenever I'm traveling I think of Carol when I make sure to do something other than hitting a tennis ball. Carol changed the game by introducing team events that are enduring competitions which bring players together to have fun playing the game we all love.

### GameChanger: Belmar Gunderson

by Donna Floyd Fales

Just as Billie Jean King and others paved the way for women's professional tennis, Belmar Gunderson was the pathfinder for women's intercollegiate athletics. Called the "mother of women's intercollegiate sports," Belmar became the first Women's Athletic Director at the University of Minnesota and was credited with starting 10 women's varsity sports during her time there. Belmar had always been a strong advocate for



women's athletics beginning with her undergraduate years at UNC-Greensboro. Uniquely, she understood how important it was for women to have a separate athletic department, to have women coaches and to have equal facilities.

Belmar's contribution to women's sports has earned her a place in four athletic Halls of Fames: University of North Carolina at Greensboro, University of Minnesota, USTA Northern Section and the ITA Intercollegiate Tennis Hall of Fame. The USTA presented Belmar with the prestigious USTA Service Bowl award in 2011. Belmar served on many educational and sports committees for AAPHER (American Association for Health, Physical Education and Recreation), USLTA, DGWS (Division of Girls and Women's Sports) and later AIAW (Association of Intercollegiate Athletics for Women).

But it wasn't all service. Nicknamed "Tiny Tiger" by the late Bud Collins, Belmar at 4'11" was a talented athlete out of the box. She learned her tennis in Germany where her father was stationed after the war. Her mother was a champion swimmer. While in Germany, Belmar developed three lifelong loves: horses, German Shepherds and tennis.

She held national rankings in junior and adult tournaments, exhibiting superb volleys, consistent overheads and forcing ground strokes. Belmar played the U.S. Nationals (later US Open) for ten years, reaching a high of #11 in women's singles.



A junior in college in 1955, Belmar upset Wimbledon Champion Louise Brough at Forest Hills. In 1954 and 1955, Belmar was a member of the prestigious National Junior Wightman Cup Team, which she later captained from 1956 to 1960. The Captains were chosen carefully as they were coaches and mentors to these young talented players. She competed at Wimbledon four times. She won the Canadian Doubles Championships in 1960 and the Swedish Championships in singles and doubles and the Frankfurt International Championships in singles and doubles in 1961.

In 1961 she defeated another Wimbledon champion, Maria Bueno, at the Orange Lawn Tennis Championships. She was the USTA Indoor Women's Doubles Champion with Ruth Jeffrey and runner-up to Carole Wright in the singles that year. She went on to win the USTA Mixed Doubles with Chauncey Steele III in 1964. Gunderson and Donna Floyd Fales held the #2 ranking in the U.S. Women's Doubles (1960) with wins over the British Christine Truman and Ann Haydon Jones and the Australian pair Margaret Smith and Jan Lehane. Always known for her doubles' prowess, she was a much sought after partner.

Reducing her competitive tournament play in 1966, Belmar concentrated on her teaching career. She

earned a masters degree from Penn State and a PHD from Texas Woman's University in 1971. In her 17-year tenure (1962-1979) at the University of Minnesota, Belmar laid the foundation of today's intercollegiate women's programs. In 1976, she established the Patty Berg Scholarship fund that continues to supplement college costs for women student athletes. Berg was a legendary golfer and a good friend.

It was in 1990 that airline pilot Dan Lay persuaded Belmar to marry. They had known each other since the 8th grade in Falls Church. They resided in Geneva, Florida and River Falls, Wisconsin. Dan recently died and between tournaments Belmar continues to raise quarter horses on their Wisconsin ranch, Eagle Ridge Ranch.

Belmar has an impressive list of USTA National titles in the 55's, 60's, 65's and 70's as well as eight ITF World Doubles titles during that time. She has competed for the US in many World Team Championships. She is actively involved with the National Senior Women's Tennis Association, serving on the Board and chairing the Nominating Committee. She instigated adding the over 80s to the Intersectionals and continues to captain Intersectionals teams for USTA Florida.

When asked what she has enjoyed most about her life, her laughing reply is, "going broke raising horses." But she quickly adds, "I have had a good life in tennis and enjoyed the tennis and the people, probably the people the most." Anyone who has spent time with Belmar knows she does enjoy the people in the sport. Talking with her is reliving the history of the last fifty years of the game. Belmar can list among her 1940s and 50s tennis friends Louise Brough, Shirley Fry, Margaret DuPont, Pauline Betz Addie, Sarah Danzig, Betty Pratt, Barbara Davidson, Darlene Hard as well as Billie Jean King and Karen Hantze Susman.

Belmar Gunderson is an exemplary sportswoman who has tirelessly given back to the game of tennis and women's athletics the better part of her life. Many of us today have benefitted from the courage of these women who advocate on behalf of equal opportunity for women. They led by example. It has been my good fortune and privilege to have played tennis with Belmar and call her a friend for these past sixty years.

## To Win in Doubles, You Need a Suitable Partner

By Belmar Gunderson and Renata Marcinkowska 2004

1. Getting along is a big factor. Having a positive mental attitude towards each other and being able to have fun winning or losing is half the battle.
2. You should be versatile. Chose a partner who is different from you. It will keep your opponents off balance. If you have topspin, look for a partner who can slice the ball. If you have power, find a partner with touch.
3. Look for someone who is aggressive at net. Chances are she is a good volleyer and a huge asset in the game of doubles.
4. Look for a 'low maintenance' partner. Someone who sees faults and constantly gives you lessons when you miss a shot is not an appropriate partner.
5. Select a selfless partner. She should always try to set up her teammate with a winning shot. As your partner returns serve, she will try to hit the ball at your opponent's feet in order to give you the chance to poach. Or if she is serving, she might go to the body of your opponent in order to give you an opportunity to volley.
6. Let your partner play her game. Don't impose your own style of play on your partner yet develop your own unique style of play comfortable to you both as a team.

## CHANGES TO THE NSWTA DIRECTORY

### New Annual Members:

#### Catherine Billecci

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#### Carolyn Burch

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#### Patty Crawford

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#### Irene Higbee

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## Tribute to Bud Collins

*“Journalist,*

*Commentator,*

*Historian, Mentor,  
Friend”*



Bud and Sally

Those are the words on the commemorative plaque at the US

Open Media Center, named for Bud Collins on Labor Day, 2015 at the Open in New York. The USTA Board of Directors unanimously approved this to honor him as our sport's pre-eminent historian and journalist. Truth is, there just aren't enough words to describe Bud. He possessed an amazing, vast knowledge of all things tennis – truly a walking, talking encyclopedia, which by the way, he wrote one of those, too. On my bookshelf is the 1980 edition, 700 pages, of BUD COLLINS' TENNIS ENCYCLOPEDIA, an unbelievable collection of facts, fiction, analysis, insights, rules, and history. I can't imagine how long it took Bud to get this volume together, and that's not his only book. Others are “A Thinking Man's Guide to Tennis,” “My Life with the Pros,” “Evonne! On the Move” (Evonne Goolagong), and several histories of the sport.

Bud came to The Boston Globe in 1963. Dan Shaughnessy, well known columnist at the Globe says, “Bud regaled our readers with colorful writing and in-depth analysis for more than half-century. He invented the role of sportswriter-turned TV analyst when he joined NBC for a 35 year run as the voice of tennis.”

We Boston people were lucky enough to be exposed to Bud's reports on other news as well, mostly sports. He covered Red Auerbach, Bob Cousy, Bill Russell and young Cassius Clay. He covered the Red Sox during their Impossible Dream season of 1967. He was even the host of the 116th annual Westminster Kennel Club Dog Show on USA Network. But it was his love of tennis that launched him, and because of that, launched our sport as well. Bud made tennis approachable, providing colorful commentary on the players, never trashing them, preferring rather to focus on their best qualities. He loved the players and loved writing about their special characteristics. Among his original nicknames for players were “Fraulein Forehand” (Steffi Graf), “The Ice Maiden” (Chris Evert), and the powerful Williams sisters, “Sisters Sledgehammer”. Ilie Nastase was “The Bucharest Buffoon” and Eddie Dibbs and Harold Solomon were “The Bagel Twins”.

Bud had names for himself, too. In his professional world, he was a “scribbler and a dabbler,” and in his personal tennis world he was strictly a “hacker.” That hacker was an accomplished player in his own right, winning the National Indoor Mixed Doubles Title (1961) with Janet Hopps and he was a finalist in the French Senior Doubles Championship (1975) with Jack Crawford. Somewhere in there he actually coached the

Brandeis University Men's Tennis Team when Abby Hoffman (leftist radical) was a team member.

Women's tennis pioneer Billie Jean King recalled in one of the thousands of tributes to Bud after his death, “Bud was a walking museum of the sport's facts and tidbits. He was one of the few that cared about women's tennis before it ever became popular. I love him as a friend, but I also love him as a historian. We wouldn't know half of the facts that we know about tennis if it weren't for Bud.”

Living here in the Boston area, we tennis types were blessed that Bud was generous with his appearances and support of various charitable sporting events. I had the good fortune to have a picture taken with him at a fundraiser for inner city tennis programs. That picture still rides in my tennis bag and I am so proud of it. Naturally, our conversation that evening included Bud's flamboyant trousers with matching bow tie. Ah yes, those pants. There is a great story behind them and I learned it from my fellow official and NSWTA member, Marie Collyer. At a WGBH function, Marie found herself chatting tennis with Bud and couldn't resist asking him how this delightful habit got its start. He told her that in 1968, he and another reporter were covering a tennis tournament in Italy. After a long day and a few celebratory beverages, they were driving back to their hotel in the early hours of the morning. There was a political election campaign going on and a large colorful banner was strung across the street. Somehow the banner was acquired as a souvenir and, thanks to the talents of a tailor, became the first of a signature collection. When Bud was inducted into the International Hall of Fame in 1994, his pants were mentioned in the citation.

On the middle Saturday of the Miami Tournament 2016, Tracey Austin and Paul Annacone, commentators for the tournament, aired a live phone conversation with Anita Collins, Bud's widow. It was a most moving exchange. Anita said that she was overcome by the outpouring of affection for Bud in the form of letters, calls, and over 2,000 emails. She said that someone had already planted a tree in Bud's memory and that a teacher in one of the Boston schools starts every day by reading a sentence or two of Bud's prose.

“Kindness is his legacy. He put things in perspective. He gave everyone a chance, he saw the big picture, was never judgmental. He was modest, and grateful.” Those were some of Anita's words during this phone conversation and I was spellbound by her remarks.

Anita announced that there will be a Memorial for Bud on June 17th. I know no details at this time.

My memories of Bud are many and varied. My favorite by far is the image of him playing tennis barefoot on the flawless grass courts of the Longwood Cricket Club in Chestnut Hill, Massachusetts.

Nice forehand, Bud. We miss you.  
Sally Utiger

# TOURNAMENTS

## Grande Dames BallenIsles Palm Beach Gardens, Florida January 20-24, 2016

by Lee Delfausse

**W**eather, not tennis, turned out to be the daily topic at the Grande Dames BallenIsles tournament in Palm Beach Gardens from January 20-24. The Northeast participants smiled in their good fortune to be in sunny Florida while a snow storm set records in New York, some even hoping to stay over a few days because of canceled flights. Florida players shivered because of the extreme cold and violent rain on site.

Meanwhile resourceful tournament director Trish Faulkner managed to keep all calm by providing a cozy welcome-center stocked with bagels, tea and coffee and the Australian Open on a large screen television. In addition, she planned a memorable dinner-dance party at the elegant club house on Friday night that allowed all ages to dance their frustrations out while dressed in 'crazy' pants. Well done, Trish.



Crazy Pants Party



Clay, Goodman



Crazy Pants

The 70's welcomed at least four new "babies": Carol Clay, Brenda Carter, Rosie Fortna and Ellen Goodman. Brenda Carter dominated throughout in her unrivalled style, beating Betty Wachob in the finals. Meanwhile Sue Kimball, a newcomer to singles, using her power forehands outlasted Carol Clay in the quarters, but then fell to the quick hands of Betty Wachob. Sue, however, rallied in the three/ four play-off, to fend off the fleet-foot Ellen Goodman. Then, Sue, exhausted, in the doubles final put on a stellar performance with Lee Delfausse only to lose against Carter and Wachob. In the consolation, Carol Clay outsteaded Rosie Fortna to take fifth.

The many long hours spent in Trish's welcome

center allowed me to discover many back stories of these outstanding women. If you get a chance ask Ann Rungi about her family's immigrant story; it has more plot twists and eccentric characters than a Dickensian novel.

There are many other tales to tell, but what stands out most in my mind is the endurance of our 80 year old players. Carol Wood has returned in force, going 3 sets with Burnett Herrick before losing 6-1, 3-6, 6-4 for third/ fourth. Judy Smith left her New England winter to establish herself as a force in the 80's, winning the doubles with Herrick and losing in the singles finals, after trading shot for shot with Canadian Inge Weber.



Judy Smith

### Results

#### 80's

Singles main: Weber beats Smith 6-1, 7-5  
Doubles main: Herrick/Smith beat Keenan/Donnegan 1-6, 6-2, 11-9  
Doubles Consolation: Grieve/Wood beat Hoffman/Van Haelst (wo)  
Singles Consolation: Hill beats Bretzel 6-3, 6-3

#### 70's

Singles main: Carter beats Wachob 6-2, 6-4  
Doubles main: Carter/Wachob beat Delfausse/Kimball 6-4, 6-4  
Singles consolation: Clay beats Fortna 6-1, 6-3  
Doubles consolation: Clay/Goodwin beat Fidoruko/Wasser 6-0, 6-0



Carter/Wachob, Kimball/Delfausse

#### 60's

Singles main: Nichols beats Foulk 6-0, 6-0  
Doubles main: Savitt/Zoran beat Foulk/O'Sullivan 6-2, 3-6, 10-5  
Singles consolation: Hostrop beats Hirsch 6-2, 6-2  
Doubles consolation: Hostrop beats Hirsch 6-2, 6-2



BallenIsles 60s runnersup O'Sullivan/Foulk with winners Savitt/Zanon

#### 50's

Singles main: Works beats Boynton 6-1, 6-1  
Doubles main: Gaskill/Jones beat Hollman/Works (wo)  
Singles consolation: Gaskill beats Senders 6-2, 6-2  
Doubles consolation: Bottinelli/Williams beat Bass/Hostrop 6-1, 6-3



Carolyn Nichols, Kathy Foulk, Erin Boynton, Shelly Works

#### 40's

Singles main: Myslivecek beats Jones 6-2, 6-1  
Doubles main: Myslivecek/Sirianni beat Keller/Kirby 6-0, 6-2  
Singles consolation: DAquiso beats/Sainikowa 3-6, 6-1, 6-3  
Doubles consolation: Esswein/Gardner beat DAquino/Lewis 6-3, 6-0

## ASICS World Tennis Classic

Rancho Mirage, CA

January 23-31, 2016

by Barbara Hubbard

While most of the USA was shoveling snow or suffering from soaking rain, the ASICS World Tennis Classic was serving up warm and sparkling clear days, perfect for tennis. Ed Trost and Jayne Robertson deftly ran the Super Cat. 2 event that also had Cat. 1 divisions in mixed doubles from the beautiful Mission Hills Country Club. Five other equally gorgeous clubs and resorts were used to host early round matches for the 730+ players.



ASICS fans Cindy Babb and Dori DeVries

The tournament was well organized and despite the large number of participants, everyone was friendly and made to feel welcome. Goodie bags were given out at check-in, a daily raffle was held for ASICS swag, and an excellent trainer was on site daily at Mission Hills. A fun player party with dinner, a DJ and dancing added to the tournament experience.

So if you want to get away from January snow, freezing cold or rainy weather, consider a trip to the desert next January to play this tournament.

### Results

#### Cat. 1 Mixed Doubles 60's:

1st Jennifer Shorr / Kurt Chan ;  
2nd Ann Stanley / Andrew Stanley;  
3rd Kandy Chain / Stephen Ward;  
4th Jan Kirkland-Cochran / Rollin Rhone  
70's: 1st Linda Bucklin / Charles Hoeveler; 2nd Claudia Giacomini / John Popplewell ;  
3rd Judy Louie / Dean Corley;  
4th Andi Polisky / Joe Daley

#### Super Cat. 2:

35: Gee Gee Garvin won the round robin; Deborah Higa / Millie Yablonicky won the round robin  
40: Jennifer Dawson def Christen Bartelt 6-0, 6-0;  
Tracie Currie / Stacy Potter def Dawson / Jenny Keller 6-4, 6-2  
45: Amy Alcini def Mariko Atoji 6-2, 7-5;  
Alcini / Nathalie Herreman-Bagby def Jennifer Lyons / Julie Shapiro 6-4, 7-5  
50: Nathalie Herreman-Bagby def Mariana Hollman 6-3, 6-4;  
Hollman / Judy Newman def Lisa Naumu / Prentiss Van Den Berg 4-6, 7-5, 6-1  
55: Tracy Houk def Tracey Thompson, 7-5, 6-4;  
Houk / Anne Kerwin Payne won the round robin  
60: Tina Karwasky def. Jennifer Shorr 4-6, 6-0, 2-0 (ret);  
Karwasky / Jan Kirkland-Cochran def. Kathy Bennett / Jackie Heston 6-1, 6-2  
65: Kathy Barnes def. Crys Ren, 6-3, 6-3; B.J. Graves / Donna Kenyon def. Cindy Babb / Barbara Hubbard 7-6, 6-2  
70: Cathy Anderson def. Carolann Castell 4-6, 6-4, 7-5;  
Anderson / Castell def. Anne Russ / Jane Pang 1-6, 6-4, 6-3  
75 singles: Nanda Fischer def. Nancy Garcia 6-3, 5-7, 6-1  
80 singles: Dori DeVries def. Dorothy Matthiessen 6-3, 6-1

## Crawford Cup, Les Grandes Dames

Ft. Lauderdale, FL

February 3-7, 2016

### Results

35 Singles: Cristina Sirianni def Jennifer Bishop 6-1, 5-6 (ret inj)

35 Doubles: Bishop-Marr def Kerr-Mactaggart 6-1, 6-1

45 Doubles: Garzon-Sirianni def Neuthaler- Johnson (withdraw inj)

55 singles, doubles, *reported by Abbi Neuthaler:*

The singles had 8 seeds and, honestly, all of the 21 players could have been seeded they were so strong. Diane Barker continued her extraordinary singles career and met Fran Chandler in the finals. The match was expected to be, and was, a marathon. Barker def Chandler 2-6, 6-4, 6-1. As Diane told me later: "I kept saying to myself...you are going to be so sore tomorrow."



55s- Chandler, Barker

Third seeded Carolyn Nichols def Susan Boyer 6-2, 6-4 and unseeded Marianne Caplan won the first-round consolation final.

Doubles contained 11 strong teams. The first round match between Sally Kellogg-Gail Warden and Christy Cherry-Sally Smith was a match of note -- going to Cherry-Smith 6-3 in the third. They then lost in the following round in three sets to Kathy Vick and Susan Boyer (3rd seed), who then lost in three to defending champs Betsy Savitt-Kris McDonald.



Boyer

In the bottom half of the draw, Erin Boynton and I had a terrific challenge from the Hilton Head team of Vicki Nagy-Mary Jackson. We won 6-2, 6-3 but it was close. In the semies we defeated Yvonne Gallop-Ann Pellow 6-2, 6-3. In the finals, delayed by rain, Erin and I went up 5-3 in the first set and true to form, Betsy and Kris pushed back to bring it to a tiebreaker. We won that and quickly went up 5-1 in the second set...then it was 5-2, 5-5, 5-6. We managed to hold and get aggressive in the tiebreaker. Boynton-Neuthaler def Savitt MacDonalld 7-6 (5), 7-6 (3). Boyer-Vick def Gallop-Pellow for 3rd; Kellogg-Warden won the first round consies.



Vick

Patty Crawford was injured the day before play began; she managed to get upstairs to the tournament office the first few days, but succumbed to serious pain and bed rest. Wishing Patty a speedy recovery. Thanks to the whole staff at the Lauderdale Tennis Club.



55s-Neuthaler/Boynton, Savitt/ MacDonald

**Further Results**

65 Singles: Toni Novack def Carol Clay 7-6 (2) 2-6, 4-2 (ret inj)  
 Sue Bramlette def  
 Simmy Pell 6-4, 6-2  
 for 3rd place; Judith  
 Lehman won the  
 backdraw  
 65 Doubles: Sue  
 Bramlette-Kerry Young  
 def Cindy Babb-Toni Novack  
 6-2, 6-3



Novack/Babb, Bramlette/Young

Sue Kimball- Lil Peltz Petow def Ellen  
 Goodman-Carol Clay for 3rd  
 Lehman-Levine won the backdraw  
 75 Singles Donna Fales def Suella Steel  
 6-0, 6-0



Peltz-Petow

Sheila Weinstock def Ria Graham in  
 three sets for 3rd place Grace Woo won  
 the consolation



Graham/Wood, Weinstock/Steel

75 Doubles: Suella Steel-  
 Sheila Weinstock def Carol  
 Wood-Ria Graham 6-2, 6-1  
 Burnett Herrick-  
 Dorothy Wasser def Lola  
 O'Sullivan-Libby Keenan  
 6-4, 7-6 (5) for 3rd  
 Jane Pang-Grace Woo won  
 the backdraw.



85s-Asch, Russ, Price, Lutz

85 singles and doubles,  
*as reported by Rita Price:*

There was only one  
 team in the 85 doubles:  
 Rosie Asch (Canadian and  
 #5 in the World in singles) and her partner Louise Russ  
 who faced the "Gold Slammers" team of Rita Price and  
 Jane Lutz. The first set was an  
 even exchange, with Lutz and  
 Price skimming to a 6-4 score.  
 By the second set, Lutz and  
 Price drew ahead with a 6-1  
 win, receiving some change and  
 red carnations.



Price, Herrick

In the singles round robin, Rosie had  
 to go three sets to beat Jane Lutz,  
 with the wind playing the part of spoiler. Jane took only  
 a short time to oust  
 both Price and Russ,



Russ being worked on by her grandsons

dropping only three games.  
 Price defeated Russ in two sets  
 but in the second set, Louise  
 started to cramp. Her coach,  
 daughter in law and two grand

children in attendance went to work massaging her  
 legs. I was reminded of the "Saturday Night Live" guys  
 ready to "PUMP YOU UP," which Louise's kids did in  
 style! Louise got out there and almost took Price to a  
 third set! Whew!



Graham, Novack, Vick, Wood, Langer in a Super Bowl break

The volunteers and Director did a fine job in  
 spite of rain. The banquet was delightful with music,  
 music, music for dancing, dancing, dancing. I give it a  
 huge 10!

**Les Grandes Dames Spring Cup  
 Clearwater, FL  
 February 24-28, 2016**

**T**his was a tiny tournament of 25 women who  
 were happy to see the Spring Cup revived  
 after lying fallow for a couple years of rest.

In the 50s: Sue Bartlett def Terri Thomson 6-1,  
 6-1 Stacey Williams won the playoffs  
 Steffani Lomas won the backdraw  
 50s doubles: Sue Bartlett and Jan Kirkland-Cochran  
 won the round robin  
 Kathy Foulk and Terri Thomson were second  
 In the 60s: Kathy Foulk won the round robin  
 Janet Moseley came in second

**National 35-90 Clay Court  
 Championships  
 Houston Racquet Club, Houston, TX**

April 4-10, 2016

*By Carol Gay*

"THERE IS NO OTHER LIKE IT....." .....

.....That would be the National Senior Women's Clay  
 Court Championships for the age groups 35, 45, 55,  
 65, 75, 85, & yes 90, held at the Houston Racquet  
 Club. Tournament Directors Sue Bramlette and Cathy  
 Lassetter work tirelessly throughout the year to obtain  
 underwriters and sponsors for the tournament. This  
 allows the 200 plus participants to enjoy a gourmet  
 breakfast buffet and lunch buffet daily, plus several  
 happy hours with live music. Not to mention the  
 beautiful banquet with live music and dancing in the  
 club dining room.

The Houston Racquet Club is the perfect  
 site as a host club. There are several areas where



Lutz, Price in dancing garb

players can watch matches while they enjoy one another's company. When you add that to the meals, a complimentary masseuse, clubhouse lockers, fitness center, Jacuzzi, and pool, you have a very special experience, indeed. That is what makes this tournament so enjoyable. We are competing and relaxing in a terrific atmosphere while enjoying the camaraderie of our peers.

I would like to recognize the sponsors and point out how many people are dedicated to hosting all of us. A very big Thank You to:

- Houston Racquet Club
- 2016 Underwriters: Gardere (attorneys and counselors), Houston, Racquet Club Women's Association, PFS Group, Vinson and Elkins, Prosperity Bank, Styles Jewelers, Victoria Velarde/ Anume Foundation, Consortra, Polk Mechanical Company, Trendmaker Homes, Houston Racquet Club's Men's Association, UT Health, USTA
- 2016 In-Kind Contributors: Athletic Orthopedics and Knee Center, Kristin Hess, Tennis Express, The Pewter Lady, Michael Russell/ Arrow Bar, Wilson
- 2016 Tournament Sponsors: Jeff Allen DDS, Roni and Doug Atnipp, Wanda and Chuck Beckner, Belmont Villages, Kappie and Read Boles, Tonja Brown, Dayna and Ted Erck, HRC Team "Overserved," HRC Team "Perfectly Matched," Harriett Hulbert, Lubel Voyles LLP, Nick Nichols, USTA Texas Section, Katie Thompson, Emily and Danny Weingeist
- 2016 Game, Set, Match Club members
- The National Senior Women's Tennis Association

I think that it should be noted that the tournament was run flawlessly by tournament referee and committee member Harriett Hulbert and Mary Ann Gralka.

**Highlights from the age groups**

**35s**

*by Monica Salazar*

Singles: Julie Thu def Kaysie Smashey

4-6, 6-4, 6-3

Bronze: Nancy

Hilliard def Julie

Lessiter, 6-1, 6-3

Consies: Amy McCampbell def Kelly Anderson 6-1, 6-1

Doubles: Smashey/Thu def Hilliard/McCampbell 6-1, 7-5

Morris/ Toney def Rice Siewrattan for Bronze 6-2, 6-2

Graham/ Guszak def Loeffler/ Phillips in consies

6-4, 6-3



35s- Smashey, Thu, Lee with 90s Price

There were welcome newcomers to the 35s singles and doubles, not to mention the handful of players that enjoyed last year's experience and came back for their second year. Twelve players entered the 35 singles and 28 played doubles. Since some of these ladies are in the midst of their careers and family lives, the tournament offers a chance to play a variety of games to maintain or sharpen their skills. Then you have the shy player that is just happy to be on the court again. Some new ladies were curious about what the NSWTA offers or the abundance of information available regarding other tournaments. In talking to many of them it's good to know the love for the game will keep them coming back.

**45s**

*by Julie Cass*

Singles: Jolene Watanabe def Julie Cass 7-6(5), 6-3

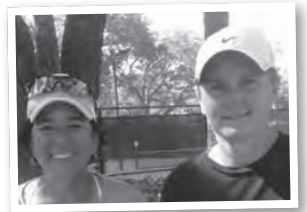
Bronze: Jean Marie Alpert def Shelly Works, 6-3, 6-1

Consies: Charlotte Hartsock def Danielle Royston 6-2, 6-1

Doubles: Cass/Finerman def Alpert/Morris 7-6(8), 7-5

Bronze: Hudson/ Rice def Bottinelli/ Neuthaler 6-1, 4-6, 6-4

Consies: Hess/ Schaefer def Hartsock/ Thomason 7-6(4), 2-6, 6-0



45s Watanabe (Gold), Cass (Silver)



45s- Alpert/Morris (Silver), Cass/Finerman (Gold)

I am proud of the fact that so many ex-Texas juniors and ex-Southwest Conference players were in the 45s draws, like Tammy Morris, Jean Marie Alpert, Lynn (Staley) Guillo, Cindy (Crawford) Rice, Liz Burris, Laura Hudson, and others in my age group. Texas, Florida and California are the big 3 when it comes to players. They may not travel often to play, but if you have a tournament in one of those states, plenty of good ones are going to show up so the competition is going to be good!

It is hard to get away for the majority of a week to play and to foot an expensive travel bill, which makes it hard for a lot of players to be able to travel to more than one of these tournaments, if any. Or to continue to do it year after year. Things come up like family responsibilities, work, or injuries, which can knock a player out for a year or more. Amy Alcini, Trish Riddell, Manola Coulter, Michelle King and Jessica Schlotterback are a few of the top players that used to make it out to more tournaments but have been MIA for a while. And for some in a big



city like Houston, there are enough great players to play a local league and get all the competition you can handle without the travel and expense so I think a lot of players do that and forget about trying to make a weeklong tournament.

As for the 45s at Houston, any time Jolene and I meet there is potential for an epic battle. I believe we are 3 and 3 all time and of the 6 times we've played I don't think we have both played our best the entirety of any of those matches. If that ever happens it should be a really good match and fun to be a part of, win or lose.

Jolene is a great player and a very tough competitor. She played a very good final. For me to beat her, two out of three things have to happen: I need a faster surface, I need to be 90 to 100% physically, and to be playing my A to A+ game. Unfortunately I had none of those factors in the finals this year and she was too solid and moved too well for me.

In the doubles final, Tammy and Jean Marie played a complete level or two above what I saw in their semi-finals match. The match had plenty of momentum changes and they both came up with some great shots at the right times. I think we were very lucky to get out of that one with a win in two sets.

**55s**  
by Sally Smith

Singles: Diane Barker def Tracy Houk 6-2, 6-0  
Bronze: Carolyn Nichols def Susan Wright (wo/inj)  
Consies: Susan Boyer def Sally Smith, 6-0, 6-2  
Doubles: Houk/Vick def Nichols/Wright 6-4, 3-6, 6-2  
Bronze: Buholz/Caplan def Cooke/Lackey 7-5, 6-2  
Consies: Boyer/Boynton def Smith/Warden 6-4, 6-4



55- Barker(Gold), Houk(Silver)

Tracy Houk wasted no time making a splash in the 55s at Houston as she worked her way into the singles final and teamed with Kathy Vick to take the Gold Ball in doubles. Because of a nearly full and strong draw, Diane Barker was the only player who got a day off Monday --- before she blitzed through her four matches to win the singles Gold Ball, never losing a set.



55 doubles winners Houk/Vick with Wright/Nichols

In the back draw, newcomer Tamra Nelson from California and Gail Warden from Massachusetts

missed several (delicious, of course) meals during their 3-hour and 45-minute singles marathon. Nelson pulled it out 7-6 in the third in an entertaining, plot-twisting match, leaving Gail an hour to recover before wobbling on to the doubles court.



55- Boyer, Smith

Susan Boyer does not own a smart phone, but she possesses a very smart mind on the court, evidenced by her cruising through the back draw to win both singles and doubles, with Erin Boynton.

**65s**  
by Carol Gay

Singles:  
Martha Downing def Toni Novack 6-1, 6-3



65- Bramlette/Stanley (Gold), Downing/Bennett (Silver)

Bronze: Molly Hahn def Kathy Barnes 7-6(5), 6-2  
Consies: Carol Gay def Sue Bramlette 3-1, Ret (inj)  
Doubles: Bramlette/Stanley def Bennett/Downing 6-3, 2-1 Ret (inj)  
Bronze: Barnes/Vallejo def Babb/Hubbard 7-5, 4-6, 7-5  
Consies: Gay/Johnson def Pruitt/Simons 6-3, 6-3

The 65's was a mix of injuries and beautiful play. Martha Downing, who lost very few games in each match on her way to winning the gold, seemed to play effortlessly. Anne Guerrant, unfortunately pulled a hamstring and had to default while playing Kathy Barnes.



Consies final: Bramlette, Gay

And, our director Sue Bramlette had to default mid-match to Carol Gay (finals of consolation) with a groin. But, well before, she and partner Ann Stanley won the gold in doubles. They defeated the unbeatable team of Kathy Bennett and Martha Downing. Bennett and Downing defaulted mid-match as Kathy was struggling with a hefty bronchial infection. Having been a victim of Stanley and Bramlette myself, I would say that their doubles play was pretty awesome.



65- 65- Downing (Gold), Novack (Silver)



65 doubles playoff/ Barnes/Vallejo (Bronze) with Hubbard/Babb

**75s***by Sheila Weinstock*

Singles: Donna Fales def Charleen Hillebrand 6-3, 6-3

Bronze: Suella Steel def Sheila Weinstock 6-2, 6-1

Consies: Grace Woo def Patti

Boyer 7-5, 7-5

Doubles: Hillebrand/Steel def

Pang/Weinstock

6-1, 6-3

Bronze: Fales/Sung def Miller/

Woo 6-4, 6-2

Consies: Langer/Tietz def

O'Sullivan/Oldfield

6-3, 7-6(4)

75 consies winner Woo,  
runnerup Boyer75 backdraw/Tietz/Langer,  
O'Sullivan/Oldfield

This year is my first year in the 75s and I was so looking forward to being one of the youngest in them but then I realized that there are many players who "aged up" as I did! So, I reunited with many players with

whom I've developed friendships over the years.

The seedings for the 75's, in both singles and

doubles, pretty much held up across the board. The doubles win in the semies by Sheila Weinstock and Jane Pang (seeded #3) over Donna Fales

and Roberta Sung (seeded #2) was the biggest upset in both the singles and doubles. It was a very well fought match, filled with lots of lobs and angled shots. Charleen Hillebrand and Suella Steele maintained their #1 seeding in the finals over Weinstock and Pang.

**85s***by Joyce Jones*

Singles: Doris Lutz def Caroline Clark 6-2, 6-4

Bronze: Carol Cofer def Janet Hubbard 7-5, 4-6, 7-6(4)

Doubles: Angie Ray/Joyce Jones def Caroline Clark/Doris Lutz 0-6, 7-5, 6-3

Bronze: Boots Colwell/Pat Wiedenmann def Margaret Anderson/Carol Cofer 6-2, 6-2

We missed our old standby Louise Russ, and lost our Energizer Bunny Rita Price to the 90's age group! But it was nice having Caroline Clark join us again after a long hiatus. Can you believe that she's STILL working at 85?

It is just one big weeklong party, what with all of the social events offered, along with the play. We're all dragging by the end of the tournament, and



75 playoffs/ Sung/Fales (Bronze), Miller/Woo



All the 85s- Colwell, Cofer, Anderson, Wiedenmann, Jones, Ray, Lutz, Clark

need to go home to lick our wounds and recover. It is definitely the best tournament of the year!

There were four singles players, and Doris Lutz continued with her winning ways. It was a RR with Clark winning the Silver and Carol Cofer winning the Bronze. Cofer was really tested in her match with Janet Hubbard, but persevered, winning 7-5, 4-6, 7-6 (4). Whew!

Another RR in the doubles, with also 4 teams. There were several 3-set matches. Boots Colwell & Pat Wiedenmann lost a 3 set match against Clark & Lutz, 3-6, 6-3, 6-2, then Cofer & Margaret Anderson did the same, 4-6, 6-3, 6-2.

The weather got warmer each day and by the time the finals rolled 'round with Angie Ray & Joyce Jones vs. Lutz & Clark, it was 85 degrees. Ray/Jones got off to a rather slow start, losing 6-0 in the first set. They decided that they'd better recoup fast and change their strategy. They squeaked out the second set 7-5, hanging in there with a score of 6-3 in the third set, winning the match and receiving the Gold Ball. Lutz/Clark got the Silver, and Colwell/Wiedenmann the Bronze.

Amazingly, the 90 division had almost as many players as the 85's! We need to recruit some more 85 players, gals. You can't help but have a great time at this tournament!

**90s***by Cathie Hall*

Singles: Rita Price def Cathie Hall 6-1, 6-1

Bronze: Joyce Vanderpol def Joyce Noel 6-3, 6-4

Doubles: Price/Vanderpol def Hall/Mason 7-5, 6-3

Monday morning on the way to breakfast Elaine Mason met an immovable force.

That first step was her downfall. After a trip to the Ortho medical center, thanks to Brooke, Elaine had bandages on her left elbow and right knee. But most visible of all was the black eye, which kept growing, with each passing day. But what a trooper! She was ready for doubles play the next day.

During the singles match between Rita Price and Cathie Hall there was quite a gallery.

90s playoff-Joyce Noel,  
Joyce Vanderpol (Bronze)

The community center brought a vanload of approximately eight senior gentlemen to watch our match. At the conclusion of the match Rita entertained the men with a few dance moves.



Cathie Hall, Rita Price with admirers

*Adds Rita: Wally, in the red hat, proposed to me! He moved right up and insisted we take a photo on the tennis court. Slippery little guy, right? I tried to give him a quick peck on the cheek and he moved right in with a smack right on the lips! Surprised me?!*

## National 30-80 Clay Court Championships

### Bocage Racquet Club, Baton Rouge, LA

April 18-24, 2016

By Brenda Carter

**B**ocage Racquet Club, Baton Rouge, La was the place to be the week of April 18-24. What a great club and beautiful spot. The club outdid themselves with Cajun Southern hospitality -- food like you wouldn't believe! Delicious! The culmination of 5 nights of dinners was the Crawfish Boil on Friday night -- 500 pounds of crawfish and all the fixings. What an experience. No, we 60s, 70s, 80s ladies did not eat all of that. We were joined by 200 men who were also there playing a Cat II. The dinners created wonderful times of fellowship and fun.



The NSWTA Social

There were ideas of having a fashion show (all white club). If that had happened, Rita Rector would have wowed us with her new beautiful white skirt and top (her tennis outfit of



Rita Rector and her first tennis skirt

choice consists of shorts and a t-shirt). However, Judy Louie would have won the "best dressed" award. During one of her matches, because she was sporting a skirt with a little too much color, she was asked to change. She had not brought to the courts an extra outfit, but standing by was a nice friend (gentleman) who loaned her some shorts. She quickly changed and completed her match properly dressed.



Judy Louie in her first pair of men's shorts

Thanks to Kathy Foulk for arranging an NSWTA function at the clubhouse -- one more event that enhanced the camaraderie experienced at the tournament.

Many thanks to Ed Gaskell, his staff (tournament desk, food and beverage, court maintenance, etc.), the tournament sponsors, the volunteers, and the club members for welcoming us and providing a memorable week.



Cathie, Elizabeth, Andi, Debbie socializing

### 60s

by Jan Kirkland-Cochran

Singles: Carolyn Nichols def Tina Karwasky 6-1, 6-1

Bronze: Wendy McColskey def Sherri Bronson, 6-2, 6-4

Quarter final playoff: Leslie Airola / Murveit def Kathy Foulk, 6-4, 6-4

Consolations: Becky Timmis def Chieko Holt, 7-6(5), 7-6(5)

Doubles: Nichols / Pat Purcell def Karwasky / Jan Kirkland-Cochran 6-3, 6-4

Bronze: Bronson / Kathy Foulk def Yoko Anderson / Susan Davis 6-2, 7-5

Consolations: Julie David / Rita Rector (wo)

Women's 60's 1 seed Tina Karwasky was upset in the final by the #3 seed Carolyn Nichols, who played a virtually errorless clay court match. Carolyn had upset the #2 seed Wendy McColskey in the semis, just dropping one game in that match. Carolyn pretty much played flawless tennis -- only dropping 3 games the entire tournament. In the top half Tina beat Sherri Bronson 6-1, 6-1 in the semis. Sherri had a dog fight with Pat Purcell in the quarters pulling out the third set in a tiebreaker.



70s- Chieko Holt

Wendy beat Sherri in the 3-4 playoff for the Bronze Ball. The consolation was won by Becky Timmis, a somewhat newcomer to the Nationals, beating Chieko Holt in a double tie breaker.

In the 60 doubles final #1 seeds Tina Karwasky and Jan Kirkland-Cochran were also upset by Carolyn Nichols and her doubles partner Pat Purcell. With Carolyn's superb play from the back court and Pat's quick volleys they came out on top with a 6-3,6-4 win to take home Gold. Bronson and Kathy Foulk won the 3-4 playoff against Yoko Anderson and Susan Davis 6-2,7-5. Unseeded Davis and Anderson had upset the third seeds Julie David and Rita Rector in 3 sets while the 3rd seeds Bronson and Foulk gave Karwasky and Kirkland-Cochran a run for their money in the semis with the seeds prevailing 7-6(2), 6-4. Julie David and Rita Rector won the consolation.

**70s**  
*by Sue Kimball*

Singles: Brenda Carter def Betty Wachob 6-4, 6-1  
Bronze: Cathie Anderson def Sue Kimball 6-4, 6-4  
Quarter final playoff: Leslie Pixley def Lee Delfausse 6-0, 6-0  
Consolation: Mary Alice Pisani def Judy Louie 6-0, 6-4  
Doubles: Carter/Wachob def Delfausse/Kimball 4-6, 6-0, 6-4

Bronze: Ann Hunt/Judy Louie def Elizabeth Barnhill/Sharon Ploor 6-1, 6-2  
Consolation: Cathie Anderson/Carolann Castell def Peggy Andry, Andrea Polisky 3-6, 7-6(0), 1-0(5)

In the singles, Lesley Pixley who was playing in the 70 age division for the first time as 3rd seed, was upset in two hard fought sets by 5th seeded Sue Kimball who then went on to lose to Betty Wachob in the semi-finals. Brenda Carter cruised along beating everybody on her way to victory using her Prince Triple Threat racquet. "They stopped making these 15 years ago" she said "but I love it and have a total of 9 frames just in case!"

The doubles draw provided more excitement as unseeded Judy Louie and Ann Hunt beat 3rd seeded Cathy Anderson and Carolann Castell. Peggy Andry and Andrea Polisky gave 2nd seeds Sue Kimball and Lee Delfausse a run for their money: Peggy



Bocage 70s- Betty Wachob (Silver in singles, Gold in doubles) with Brenda Carter (Gold in singles, Gold in doubles)



70s doubles- Wachob/Carter (Gold), Delfausse/Kimball (Silver)

and Andrea won the first set 6-1, were serving for the match at 5-3 when Lee and Sue mounted a comeback and ended up squeaking out the win. In other quarter-final action, it was nice to see Retsy Wilson back playing and apparently playing well since she and her partner Cammy Johnson took 4th seeded Elizabeth Barnhill and Sharon Ploor to 3 sets in the quarter finals before succumbing 6-2 in the third set.

Good luck to Elizabeth with her upcoming hip replacement; we hope to see her back on the courts soon "as good as new."

**80s**  
*by Judith Smith*

Singles: Dori DeVries def Inge Weber 6-3, 6-2  
Bronze: Carol Wood def Mary John Lynch 6-0, 6-2  
Consolation: Esther Williams  
Doubles: Judy Smith/Inge Weber def DeVries/Wood 4-6, 7-6(3), 6-2  
Bronze: Betty Hill/Williams def Laurine Leach/Jacquie Van Haelst 6-1, 6-3



80s- Esther Williams, Betty Hill, Mary John Lynch

Eleven 80 year olds competed strongly in singles and doubles with newcomer, Dori DeVries seeded #1, winning her first Gold ball in this new category. Our 80s contingent also included Laurie Leach, Lucille Kyvallos, Jacquie van Haelst and Christiane Jackson and we were supported by husbands: Gene Hill, Frank Lynch and David Jackson. We missed Burnett Herrick who had a broken toe and Irene Bretzel. We encourage more players in their 8th decade to join in the camaraderie and competition of this lively group of friendly and welcoming players.

## The NSWTA Championships Anne Geier Cup Belle Haven Country Club

Cold hands, warm hearts. The NSWTA Championships/ Anne Geier Cup was a small but lively tournament at the Belle Haven Country Club. Gracious Club members provided beds and breakfasts for all comers and gave up indoor court time when it rained. The Geier family made the banquet and full bar a delight Friday night. Try this one next spring. Easy to get to and lots of benefits.

35 singles: Helena Malinakova def Jeanna Anderson  
45 singles: Andrea Rice def Alicia Wise  
45 doubles: Delphine Owen/ Andrea Rice def Laura Smith/ Alicia Wise

55 singles: Karen-Ann Broe def Susan Boyer  
 55 doubles: Karen-Ann Broe/Caryn Krasner def Susan Boyer/Cindy Leprevost  
 65 singles: Toni Novack def Brenda Winstead  
 65 doubles: Cindy Babb/Pam Simons def Ann Bradley/Chris Grant  
 75 singles: Ruby Jenkins def Carol Wood  
 75 doubles: Betsey Cheesman/Robbie Dimond def Jane Huff/Ingrid Rehwinkel



75 finals- Carol Wood (finalist) with Ruby Jenkins (Winner)



Brenda Winstead, Courtenay Culp



65 winners Babb/Simons with Grant/Bradley



Carol Wood, Kathy Langer, Toni Novack



Elizabeth Tassone, Kathy Langer



Tennis anyone?



Diana Kitt, Heide Clemmer



Lois Harris, Kathy Wicks



Andrea Rice, Alicia Wise



Ingrid Rehwinkel



Suzanne Lippe-Siegler, Carol Wood



Shepherd, Borcharding, Dimond, Cheesman



Christopher Witherspoon, Tammy Mavromatis

# Shots from Clay Courts





# NATIONAL SENIOR WOMEN'S TENNIS ASSOCIATION

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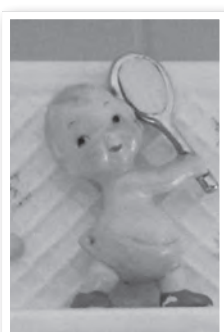
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